

Is this right for **my** family?

Educated and experienced

Our *therapeutic recreation* staff are university and/or college-educated health care professionals who are trained to help people achieve therapeutic goals and engage in productive and meaningful leisure time. Staff also engage in an ongoing learning program that provides the best in current knowledge, strategies and resources.

Open, shared, and accountable

After every session we send you a report detailing how the session went, how every minute of time was spent, the benefits to your family member and the contact information for the responsible manager. With your permission we send copies to the care team as well. Learn more about documentation, accountability, and our RecTracker™ system on our site.

Giving your family member **more**

"Your service provided a much greater benefit than just companionship." Peter T.

"I was more than pleased. I was very grateful." Sharon M.

"Your services were so important. Once again she started to believe that she was a capable person. Her laughter and enjoyment of life will be with me for years to come." Marie A.

 **Call for your
free consultation**

One-to-one therapeutic programs that help people get the **most** out of life



Jackson Therapeutic Recreation Inc.
jacksontr.com

T 888-684-7729 x200



Promoting Independence
and Choice

Independence,
health, fulfillment,
choice

Custom,
one-to-one,
professional

Promoting
quality living



Enjoying life and participating in recreation and leisure activities is important for everyone. People with health challenges may need individual support to engage in these activities to make them meaningful and rewarding.

At Jackson Therapeutic Recreation we create one-to-one services custom tailored for your loved one's evolving needs that help them get the most out of life.

We will be there when you can't and help your family member thrive despite a health challenge.

Based on the needs, strengths, interests, and goals of your family member, we deliver therapeutic activities that are fully customized.

We provide services in long term care, retirement homes, hospitals, residential facilities, and in private homes. Think of us as the day program that comes to you.

Some examples of what we do:

- Reduce frequency/severity of challenging behaviours
- Restore a sense of purpose
- Teach life skills & adapt leisure interests
- Create meaningful social interactions
- Montessori Techniques
- Community Integration
- Customize everything we do to each client's personal goals



Five more reasons you'll love what we do:

1. We can work with any age group or type of health challenge.
2. We serve multiple languages.
3. Caregivers are free to leave during sessions. The same therapist comes every time, when you expect them, according to your set schedule.
4. All of our recreation therapy staff are insured by liability and WSIB coverage.
5. The cost of our service is tax deductible as a medical expense. Billed by the hour: Starting at \$43.50/hr. (HST not included. Prices are subject to change without notice.)

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