

ils

Dur.
(min.)

Observations/Objectives

Observations

Upon arrival of TR Client initiated how to start the session. This was unusual because TR usually has activity choices and then Client selects. TR allowed Client to take the lead to provide self expression independence in choices. Client requested TR to get sandwich from fridge, peel clementine and open for Client to drink. TR followed instructions. Client had conversation with TR about various topics of Client supported a smile throughout activity.

50

Objectives Met/Achieved

- Client will demonstrate ability to initiate, maintain and end conversation with TR for a minimum of 10 minutes at least 1 time per session - Met
- Client to select from three possible choices of activities to engage in for a minimum of 20 minutes 1 time per session - Met



Jackson Therapeutic Recreation Documentation + Accountability = Positive Outcomes with RecTracker™ 2.0



SMART goals & objectives
Graphed assessment results
Real time data updates

1:1 therapeutic recreation interventions at the client's location supported by clinical documentation and electronic health records accessible anytime online to the client, their family and all approved members of the health care team.

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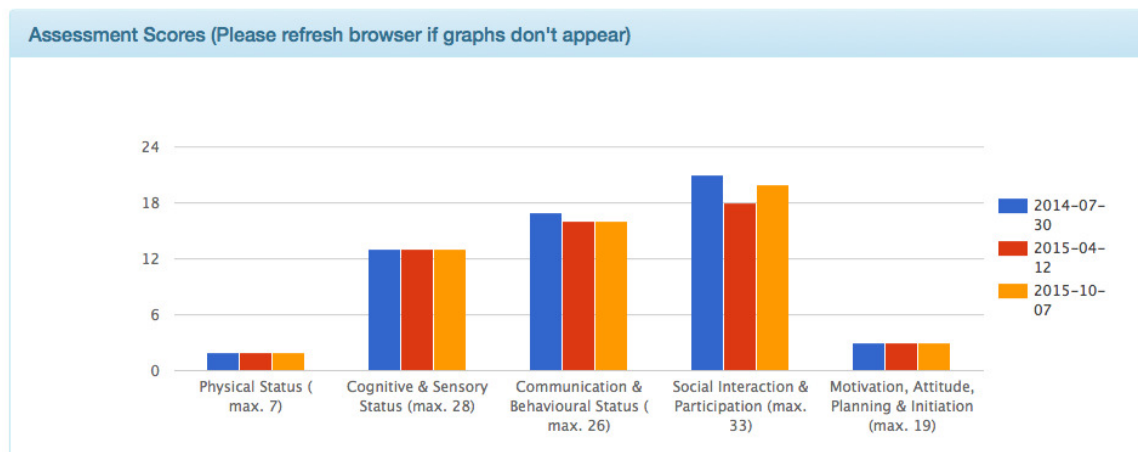


RecTracker™: Reporting and Accountability

All of our documentation and reporting is managed by our proprietary web-based system called RecTracker™ 2.0. Our staff log on after their sessions and complete detailed reports that are automatically emailed to an approved distribution list. In addition insights and data are collected and presented on a Client Summary page dedicated to the client. As the information is generated digitally, it forms an Electronic Health Record (EHR) for each client. Here are the elements of our documentation, reporting and accountability process:

Assessment

Background information is taken from interviews with family members and any other health professional involved with client care. Through interviews and conversations with the client we learn about their physical and mental health, what barriers exist for them, their previous life activities and interests, and enlist their input for setting goals.



Re-assessment occurs on a periodic basis for the duration of our involvement with each client. On each client's Client Summary page the results of each assessment are summarized in 5 categories and can be compared over time to see longer terms trends.

Progress Notes

Proper documentation is central to our success and accountability. After every session the recreation therapist will create a progress note that accounts for how every minute of time was spent and how it benefited the client. That progress note is reviewed by the Clinical Manager and once it is approved RecTracker will automatically email the report to the distribution list. The recipients can include the client, family and any other health

care provider involved with the client's care who is pre-approved to receive them. A system of client codes protects the identity and privacy of the client at all times.

Here is a segment of an actual Progress Note:

Activity Details		
Activity	Dur. (min.)	Observations/Objectives
Socializing	50	<p>Observations</p> <p>Upon arrival of TR Client initiated how to start the session. This was unusual because TR usually has to provide activity choices and then Client selects. TR allowed Client to take the lead to provide self expression and show independence in choices. Client requested TR to get sandwich from fridge, peel clementine and open coffee lid for Client to drink. TR followed instructions. Client had conversation with TR about various topics of interest. Client supported a smile throughout activity.</p> <p>Objectives Met/Achieved</p> <ul style="list-style-type: none">• Client will demonstrate ability to initiate, maintain and end conversation with TR for a minimum of 25 minutes at least 1 time per session - Met• Client to select from three possible choices of activities to engage in for a minimum of 20 minutes at least 1 time per session - Met

SMART Goals and Objectives

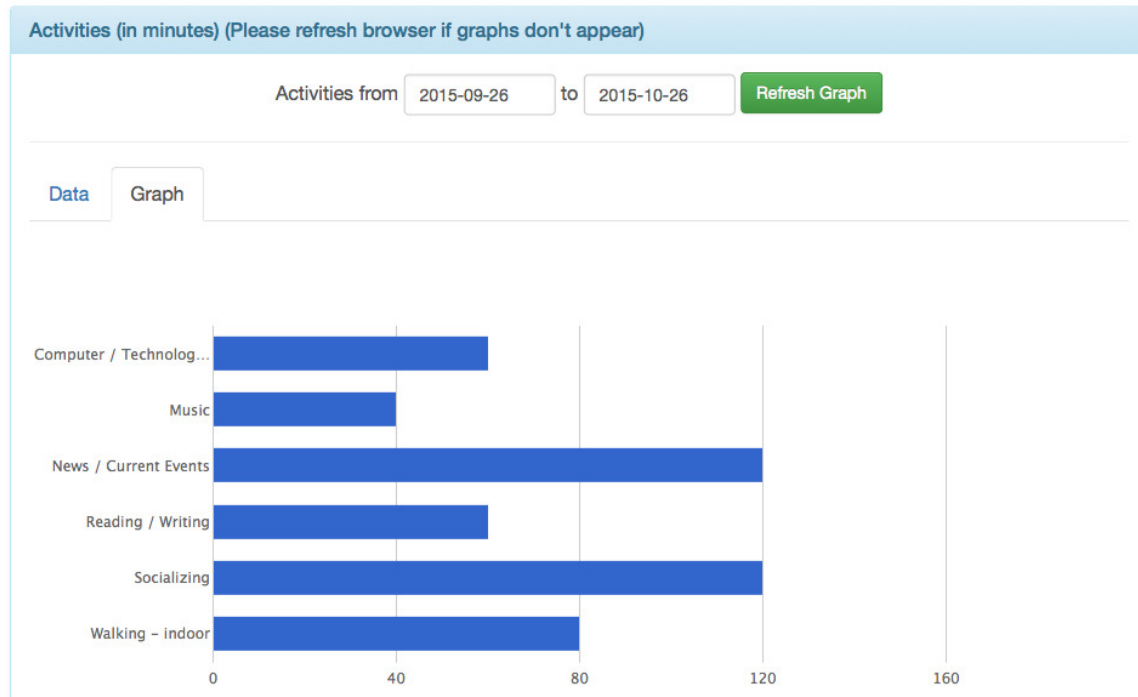
The work of a recreation therapist is proactive, client-centred and meant to achieve measurable outcomes. We work with our clients, families and related healthcare providers to set goals and objectives that are Specific, Measurable, Attainable, Relevant, and Time-bound. Using data from the progress notes, the % progress to completion for the active objectives for each client is presented on that client's summary page.

Goals
<p>Goal: Starting 2015-06-16 over the next 6 months, Client will Engage in social activities for 60 minutes 1 time(s) per session to promote social stimulation, reduce loneliness and boredom, and encourage positive emotions.</p> <p>Objectives:</p> <ol style="list-style-type: none">1. Client will engage in conversation with TR for a minimum of 60 minutes at least 1 time per session (active) (met 39 of 44 times = 88%) <div><div>88%</div></div>2. Client will leave her room for a change of scenery for a minimum of 20 minutes at least 1 time per session (active) (met 44 of 44 times = 100%) <div><div>100%</div></div>3. Client will engage in reminiscing with TR by looking at photo albums for a minimum of 20 minutes at least 1 time per month (active) (met 5 of 6 times = 83%) <div><div>83%</div></div>

Each time a progress note is completed this data is automatically updated. So by the time you read the report and view the Client Summary page you are looking at the most current data available and will know exactly where things stand.

Focus Areas

Taking data from the progress notes, we present on the Client Summary page a simple way to see what types of activities are being used most often. Breaking down the time spent with the client into 24 different categories allows visibility into where our efforts are being focused. This gives the client, family and other health care professionals a basis for suggesting changes or to confirm an approved course of action. A date range tool provides further granularity.



RecTracker 2.0 is an industry-leading tool that shares results and discoveries and keeps everyone involved fully apprised of what is going on in our sessions. We encourage our families and referral sources to use this data as the basis for ongoing discussion with us about the care we provide. By having regular and informed conversations we create an environment conducive to optimal outcomes for our clients.