

Why Jackson Therapeutic Recreation is special

- ✓ All our staff are college and/or university educated Recreation Therapists
- ✓ The same Recreation Therapist comes every time
- ✓ We are available days, evenings and weekends
- ✓ Everything we do is custom-tailored to the unique strengths, needs and interests of each client
- ✓ Detailed reports are emailed to the client and/or family after every session
- ✓ Dedicated Clinical Managers liase with families to keep them informed



Giving your family member more

"Your service provided a much greater benefit than just companionship."

-Peter T.

"I was more than pleased. I was very grateful."

-Sharon M.

"Your services were so important. Once again she started to believe that she was a capable person. Her laughter and enjoyment of life will be with me for years to come."

-Marie A.



BOOK A FREE CONSULTATION

Jackson Therapeutic Recreation Inc.
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1:1 THERAPEUTIC RECREATION SERVICE

The day program
that comes to *you*
In-person • Phone • Online



Professional therapists
Flexible scheduling
Documented & accountable

In-Person Phone Online

1:1 care changes lives

If you are serious about preserving function, quality of living and meaningful engagement, with everything documented and accountable, use a professional Recreation Therapist.



Enjoying life and participating in recreation and leisure activities is important for everyone. People with health challenges may need individual support to engage in these activities to make them meaningful and rewarding.

At Jackson Therapeutic Recreation we create one-to-one services custom tailored for your loved one's evolving needs that help them get the most out of life.

We provide services in the community, long term care, retirement homes, hospitals, and group homes.

How we can help

- ✓ Respite care for caregivers
- ✓ Community outings
- ✓ Slow down cognitive decline
- ✓ Cope with challenging behaviours
- ✓ Learn how to participate in favourite activities in new or adapted ways
- ✓ Improved strength and balance for falls prevention
- ✓ Learn new skills and develop new interests
- ✓ Regain a sense of independence
- ✓ Improve social networks

Who and where

- ✓ We come to the client wherever they are
- ✓ Available remotely, by phone or online, with Wellness Link™
- ✓ Examples of challenges we regularly support are dementia, mental health, developmental delay, behaviours, and stroke
- ✓ We work with anybody 18 yrs of age and older
- ✓ We serve multiple languages
- ✓ Caregivers are free to leave during sessions
- ✓ All our employees are fully insured including WSIB
- ✓ The cost is tax-deductible as a medical expense (visit our site for pricing)



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