



Not alone, even on their own

Mental wellness, brain exercise and fun
with remote therapeutic recreation by
phone or **online**.

Our employees are all trained Recreation Therapists providing meaningful engagement and support remotely to people living with social isolation, mental health challenges, developmental disability or any other barrier to leisure activity



Social
Connection



Wellness
Check-ins



Leisure
Planning

REQUEST REMOTE THERAPY CONSULTATION
Jackson Therapeutic Recreation Inc.

wellnesslink.jacksontr.com

questions@jacksontr.com   

T 888-684-7729 x200

Trying to help an elderly parent or a family member with a developmental disability? Here's how we can help



Build meaningful connections

A dedicated Recreation Therapist will remain the consistent contact



Bring balance and purpose to life

We provide structure for a client to set and achieve goals



Relieve guilt and emotional stress

We will be your extra set of hands to keep the caregiving strain manageable



Professional support, manageable cost

An alternative to the 3-4 hour minimums with in-person home care



What we do

- ✓ Remote support across Canada
- ✓ Employ professional Recreation Therapists
- ✓ Consistent cognitive and social engagement
- ✓ Custom activities such as games, discussions, projects, stories and more
- ✓ Services in multiple languages
- ✓ Documentation and family insights on client progress

DISCOUNTED TRIAL AVAILABLE